State Licensure Statutes, Regulations, Forms, and Policies not only change on a regular basis, but may contain contradictory information. It is the responsibility of any individual who may review this document to check with their licensure board regarding all requirements and policies regarding the licensure process. For more information please refer to your state licensing board, click here to find your state licensing board website aamftrc.org

While NCU cannot provide any guarantees whether a degree will be accepted by a state licensing board since that determination ultimately rests with that state licensing board, based on discussions with the Connecticut Department of Mental Health, it appears that the NCU MFT MA degree meets their requirements. NCU students seeking a MFT license in Connecticut must be enrolled in the program for a minimum of 2 years, not including any Leave of Absences. Graduates that complete the degree plan in less than two years might be denied by the state.

Does the State require a degree program to include a specific number of credit hours (e.g. 45, 48 or 60 semester credits)? If so, how many credit hours are required?

Connecticut requires 45 semester hours of graduate level coursework, or its equivalent, in the degree program.

What type of institutional or programmatic accreditation is required?

Connecticut requires that an applicant for licensure must possess a graduate degree program specializing in marital and family therapy from a regionally accredited institution of higher education and satisfy all the criteria specified below, as evidenced by acceptable documentation:

(a) The program, wherever it may be administratively housed, shall be clearly identified and labeled as a marital and family therapy program with the intent to educate and train professional marital and family therapists.

(b) The program shall stand as a recognizable, coherent organizational entity within the institution, which institution shall have recognized and established an organizational structure, curriculum, administration, and faculty for the marital and family therapy program.

(c) Marital and family therapists shall have clear authority and primary responsibility for the core and specialty areas within the program. Acceptable documentation shall clearly identify a marital and family therapist or marital and family therapists responsible for core and specialty areas within the program.

(d) The program shall be an organized, integrated sequence of required study designed and taught by the faculty responsible for the graduate program. Acceptable documentation shall clearly identify specific educational objectives and an organized, sequenced plan for meeting these objectives. Said objectives and plan must be designed and taught by faculty of the program. The requirements of this subsection shall not be satisfied when a program permits educational objectives to be met solely by the completion of a specified number of course credits, examinations, independent study experiences, or hours of work experience.

(e) The program shall have an identifiable core of full-time marital and family therapy faculty.
Acceptable documentation shall clearly identify a core of marital and family therapists serving as full-time faculty for the program. When the professional identification of the faculty is in question, acceptable evidence of professional identification shall be submitted to the Department.

(f) The program shall have a body of students who are matriculated in that program for a graduate degree specializing in marital and family therapy.

(g) An applicant for marital and family therapy licensure shall demonstrate by acceptable evidence of applicant coursework that he has completed a course of study which encompassed a minimum of two academic years of full-time graduate study, or its equivalent, in marital and family therapy, including a minimum of one academic year of full-time graduate study, or its equivalent, in marital and family therapy completed at the institution granting the graduate degree.

**Does the State require the program to have COAMFTE or CACREP Accreditation?**

Connecticut does not require these accreditations.

**Does the State accept a COAMFTE accredited degree without requiring the applicant to list specific courses on the license application?**

Connecticut does not require any applicant to list course work on the licensure application.

**What courses does the State require an applicant to have taken in order to be have met this educational requirement for licensure?**

An applicant for marital and family therapy licensure shall demonstrate that the content of his graduate degree program specialized in marital and family therapy by acceptable evidence of applicant coursework indicating completion of a curriculum which provided not less than:

1. six (6) semester hours, or its equivalent, of classroom instruction in the theoretical foundations of Marital and Family Systems;
2. six (6) semester hours, or its equivalent, of classroom instruction in the theories and practices of Marital and Family Therapy, including diagnosis assessment and treatment processes;
3. six (6) semester hours, or its equivalent, of classroom instruction in Individual Development including, but not necessarily limited to, life-span human development, personality theory, psychopathology, or human sexuality;
4. a total of 27 semester hours, or its equivalent, of classroom instruction in the content areas specified in (1), (2), and (3) combined;
5. three (3) semester hours, or its equivalent, of classroom instruction in Professional Ethics and Standards, including but not necessarily limited to professional socialization, legal responsibilities and liabilities, ethics and family law, licensure or certification laws, confidentiality, independent practice and interprofessional cooperation;
(6) three (3) semester hours, or its equivalent, of classroom instruction in Research Methodology including, but not necessarily limited to, research design, statistical analysis, computer applications, or critical appraisal of published research; and

(7) one (1) calendar year of Supervised Clinical Practice in marital and family therapy, including a minimum of 500 supervised clock hours of direct face-to-face client contact."

**How many client contact hours must a student obtain during practicum, and how many of these must be relational hours?**

A student expecting to apply for licensure in Connecticut is required to complete a minimum of 500 supervised clock hours of direct face-to-face client contact. Connecticut does not specify how many of these hours must be relational hours.

**How many supervision hours must a student obtain during practicum?**

Connecticut requires 100 hours of clinical supervision during practicum.

**What is the required length of practicum in this State?**

Connecticut requires a one (1) calendar year of supervised clinical practice in marital and family therapy.
Post-Graduation Requirements

What are the minimum number of years of clinical experience a graduate needs to obtain a license, the minimum number of client contact hours, and how many of these hours must be relational hours?

After graduating, an individual working toward licensure in Connecticut must successfully complete at least 12 months of supervised postgraduate work experience. The postgraduate work experience must include at least 1,000 hours of direct client contact offering marital and family therapy services.

What are the minimum number of experience hours required by this State?

Connecticut does not specify a required number of hours of experience after graduating.

What are the minimum number of post-graduate supervision hours required by this State, and how many of these hours must be individual supervision?

Connecticut requires 100 hours of postgraduate supervised casework. At least 50 of these 100 hours shall be individual supervision consisting of one supervisor sitting face to face with either one or two supervisees. The remaining 50 hours may be individual supervision or group supervision consisting of no more than six supervisees meeting face to face with one supervisor.

Additional Notes:

In cases where the supervisor of the postgraduate casework is being compensated, such compensation shall be provided by the employing agency or by the institute which has contracted with the candidate to provide the supervision or any other relationship in which the supervisee does not gain financial control over his supervisor. Any attempts on the part of the applicants to influence his supervision through compensation shall be grounds for denial of licensure."

What are the State requirements for an individual to be qualified as a supervisor?

The supervisor of the postgraduate casework is required to be licensed in the state where the experience is being completed.

Does the state require the National Examination offered by the Association of Marital and Family Therapy Regulatory Boards (AMFTRB)?

Yes.

Does the State have specific training requirements beyond the graduate degree?

None are noted in Connecticut.

Can an individual with a criminal history request board review before actually having to apply for licensure?

It is unclear if Connecticut accepts these requests.
How can someone contact the Board in this state?

Connecticut Department of Public Health
Marital and Family Therapist Licensure
410 Capitol Ave., MS # 12 APP
P.O. Box 340308
Hartford, CT 06134
Phone: (860) 509-7603
Fax: (860) 707-1980
Email: dph.counselorsteam@ct.gov
Website: http://www.ct.gov/dph/cwp/view.asp?a=3121&q=389372

Every state has a "definitions" section of their rules and/or statutes. Are there any definitions that might be important for an applicant to pay attention? (Note: this is not a complete list, please review definitions in your state)

None are noted in Connecticut.