State Licensure Statutes, Regulations, Forms, and Policies not only change on a regular basis, but may contain contradictory information. It is the responsibility of any individual who may review this document to check with their licensure board regarding all requirements and policies regarding the licensure process. For more information please refer to your state licensing board, click here to find your state licensing board website aamftrc.org

Does the State require a degree program to include a specific number of credit hours (e.g. 45, 48 or 60 semester credits)? If so, how many credit hours are required?

Idaho requires that an eligible graduate degree consist of at least sixty (60) semester hours.

What type of institutional or programmatic accreditation is required?

Idaho requires that an applicant for licensure must have a degree in marriage and family therapy from a program accredited by the commission on accreditation for marriage and family therapy education, or a marriage and family counseling or therapy program which is accredited by the council for accreditation of counseling and related educational programs, or a graduate degree from a regionally accredited educational institution and an equivalent course of study as approved by the board.

Does the State require the program to have COAMFTE or CACREP Accreditation?

Idaho encourages but does not require these accreditations.

Does the State accept a COAMFTE accredited degree without requiring the applicant to list specific courses on the license application?

No. All applicants for licensure in Idaho must list course work on the licensure application and submit transcripts.

What courses does the State require an applicant to have taken in order to be have met this educational requirement for licensure?

Idaho requires that the course of study for any graduate degree must include a minimum of thirty-nine (39) semester credits in the following areas:

(a) Marriage and family studies -- Nine (9) semester credit minimum. Studies in this area shall include: (i) Theoretical foundations, history, philosophy, etiology and contemporary conceptual directions of marriage and family therapy or marriage and family counseling; (ii) Family systems theories and other relevant theories and their application in working with a wide variety of family structures, including families in transition, nontraditional families and blended families, and a diverse range of presenting issues; and (iii) Preventive approaches, including premarital counseling, parent skill training and relationship enhancement, for working with couples, families, individuals, subsystems and other systems.

(b) Marriage and family therapy -- Nine (9) semester credit minimum. Studies in this area shall include:
(i) The practice of marriage and family therapy related to theory, and a comprehensive survey and substantive understanding of the major models of marriage and family therapy or marriage and family counseling; and (ii) Interviewing and assessment skills for working with couples, families, individuals, subsystems and other systems, and skills in the appropriate implementation of systematic interventions across a variety of presenting clinical issues including, but not limited to, socioeconomic disadvantage, abuse and addiction.

(c) Human development -- Nine (9) semester credit minimum. Studies in this area shall include: (i) Individual development and transitions across the life span; (ii) Family, marital and couple life cycle development and family relationships, family of origin and intergenerational influences, cultural influences, ethnicity, race, socioeconomic status, religious beliefs, gender, sexual orientation, social and equity issues and disability; (iii) Human sexual development, function and dysfunction, impacts on individuals, couples and families, and strategies for intervention and resolution; and (iv) Issues of violence, abuse and substance use in a relational context, and strategies for intervention and resolution.

(d) Psychological and mental health competency -- Six (6) semester credit minimum. Studies in this area shall include: (i) Psychopathology, including etiology, assessment, evaluation and treatment of mental disorders, use of the current diagnostic and statistical manual of mental disorders, differential diagnosis and multiaxial diagnosis; (ii) Standard mental health diagnostic assessment methods and instruments, including standardized tests; and (iii) Psychotropic medications and the role of referral to and cooperation with other mental health practitioners in treatment planning, and case management skills for working with individuals, couples and families.

(e) Professional ethics and identity -- Three (3) semester credit minimum. Studies in this area shall include: (i) Professional identity, including professional socialization, professional organizations, training standards, credentialing bodies, licensure, certification, practice settings and collaboration with other disciplines; (ii) Ethical and legal issues related to the practice of marriage and family therapy, legal responsibilities of marriage and family therapy and marriage and family counseling practice and research, business aspects, reimbursement, recordkeeping, family law, confidentiality issues and the relevant codes of ethics, including the code of ethics specified by the board; and (iii) The interface between therapist responsibility and the professional, social and political context of treatment.

(f) Research -- Three (3) semester credit minimum. Studies in this area shall include: (i) Research in marriage and family therapy or marriage and family counseling and its application to working with couples and families; and (ii) Research methodology, quantitative and qualitative methods, statistics, data analysis, ethics and legal considerations of conducting research, and evaluation of research.

Practicum: Completion of a one (1) year practicum of supervised marriage and family therapy experience, consisting of a minimum of three hundred (300) direct client contact hours, of which one hundred fifty (150) hours shall be with couples or families, as part of the graduate program.

**How many client contact hours must a student obtain during practicum, and how many of these must be relational hours?**

Idaho requires a practicum of supervised marriage and family therapy experience, consisting of a minimum of 300 direct client contact hours, of which 150 hours shall be with couples or families, as part of the graduate program.
How many supervision hours must a student obtain during practicum?

Idaho does not specify the required number of hours of clinical supervision during practicum.

What is the required length of practicum in this State?

Idaho requires a one year practicum of supervised marriage and family therapy experience as part of the graduate program.
Post-Graduation Requirements

What are the minimum number of years of clinical experience a graduate needs to obtain a license, the minimum number of client contact hours, and how many of these hours must be relational hours?

Idaho requires applicants for licensure to complete a supervised experience in marriage and family therapy with a minimum of two thousand (2,000) postgraduate direct client contact hours, in no less than a two (2) year time period. These 2,000 hours must include a minimum of one thousand (1,000) direct client contact hours with couples and families.

What are the minimum number of experience hours required by this State?

Idaho requires a minimum of three thousand (3,000) hours of supervised experience, hours acceptable to the board as defined by Board rules.

What are the minimum number of post-graduate supervision hours required by this State, and how many of these hours must be individual supervision?

Idaho requires a minimum of two hundred (200) hours of supervision during the postgraduate experience.

Additional Notes:

Idaho defines "supervised experience" and "experience under supervision" to mean a face-to-face process by which an approved supervisor facilitates the professional growth of a supervisee and monitors the supervisee's clinical performance. Face-to-face may include a face-to-face setting provided by a secure live electronic connection between the supervisor and supervisee.

Effective July 1, 2014 a minimum of one hundred (100) hours post-graduate supervision must be obtained from a registered marriage and family therapist supervisor. The remaining one hundred (100) hours of supervision may be obtained from a licensed clinical professional counselor registered as a supervisor with the Board, licensed psychologist, licensed clinical social worker registered as a supervisor with the Board of Social Work Examiners, or licensed psychiatrist who documents: i. A minimum of five (5) years of experience providing marriage and family therapy; and ii. Fifteen (15) contact hours of education in supervisor training; and iii. Has not been the subject of any disciplinary action for five (5) years immediately prior to providing supervision.

What are the State requirements for an individual to be qualified as a supervisor?

Idaho rules state that supervision may be provided by a clinical member of the American association for marriage and family therapy, by a licensed marriage and family therapist, or another qualified licensed professional as determined by the board and defined in rule who has a minimum of five (5) years experience providing marriage and family therapy, including: a licensed clinical professional counselor; licensed psychologist; licensed clinical social worker; or licensed psychiatrist.

Licensed marriage and family therapists in Idaho must register with the board to provide supervision for those individuals pursuing licensure in the state of Idaho as a marriage and family therapist. The requirements for registration are that the LMFT must: a. Possess two (2) years experience as a licensed
marriage and family therapist and document at least two thousand (2,000) hours of direct client contact with couples and families; b. Document fifteen (15) contact hours of education in supervisor training as approved by the Board; c. Have not been subject to discipline for five (5) years prior to registration.

**Does the state require the National Examination offered by the Association of Marital and Family Therapy Regulatory Boards (AMFTRB)?**

Yes.

**Does the State have specific training requirements beyond the graduate degree?**

None are noted in Idaho.

**Can an individual with a criminal history request board review before actually having to apply for licensure?**

It is unclear if Idaho accepts these requests.

**How can someone contact the Board in this state?**

Idaho Licensing Board of Professional Counselors and Marriage and Family Therapists  
PO Box 83720  
Boise, ID 83720-0063  
Phone: 208-334-3233  
Fax: 208-334-3945  
E-mail board office: cou@ibol.idaho.gov  

Every state has a "definitions" section of their rules and/or statutes. Are there any definitions that might be important for an applicant to pay attention? (Note: this is not a complete list, please review definitions in your state)

None are noted in Idaho.