State Licensure Statutes, Regulations, Forms, and Policies not only change on a regular basis, but may contain contradictory information. It is the responsibility of any individual who may review this document to check with their licensure board regarding all requirements and policies regarding the licensure process. For more information please refer to your state licensing board, click here to find your state licensing board website aamftrc.org

Does the State require a degree program to include a specific number of credit hours (e.g. 45, 48 or 60 semester credits)? If so, how many credit hours are required?

Utah does not specify a minimum number of credit hours.

What type of institutional or programmatic accreditation is required?

Utah requires certified transcripts evidencing completion of a clinical master's or doctorate degree in marriage and family therapy from a program accredited by the Commission on Accreditation for Marriage and Family Therapy Education at the time the applicant obtained the education; or certified transcripts evidencing completion of a clinical master's degree in marriage and family therapy or equivalent from a program accredited by a professional accrediting body approved by the Council for Higher Education Accreditation of the American Council on Education at the time the applicant obtained the education.

Does the State require the program to have COAMFTE or CACREP Accreditation?

While Utah encourages COAMFTE accreditation, it does not require this accreditation.

Does the State accept a COAMFTE accredited degree without requiring the applicant to list specific courses on the license application?

Yes.

What courses does the State require an applicant to have taken in order to be have met this educational requirement for licensure?

Utah requires that graduates of non-COAMFTE accredited degree programs must demonstrate they have met the following requirements:

Six semester hours of course work in theoretical foundations of marital and family therapy;

Nine semester hours of course work in assessment and treatment in marriage and family therapy, including Diagnostic Statistical Manual (DSM);

Six semester hours of course work in human development and family studies which include ethnic minority issues, and gender issues including sexuality, sexual functioning, and sexual identity;

Three semester hours in professional ethics;

Three semester hours in research methodology and data analysis;
Three semester hours in electives in marriage and family therapy; and

A clinical practicum of not fewer than 600 hours which includes not fewer than 100 hours of face to face supervision and not fewer than 500 direct contact hours of face to face supervised clinical practice of which not less than 250 hours shall be with couples or families who are physically present in the therapy room.

**How many client contact hours must a student obtain during practicum, and how many of these must be relational hours?**

Utah requires a clinical practicum of not fewer than 600 hours which includes and not fewer than 500 direct contact hours of face to face supervised clinical practice of which not less than 250 hours shall be with couples or families who are physically present in the therapy room.

**How many supervision hours must a student obtain during practicum?**

Utah requires not fewer than 100 hours of face to face supervision.

**What is the required length of practicum in this State?**

Utah does not specify a minimum length.
Post-Graduation Requirements

What are the minimum number of years of clinical experience a graduate needs to obtain a license, the minimum number of client contact hours, and how many of these hours must be relational hours?

An applicant for licensure in Utah is required to complete marriage and family therapy and mental health therapy training in not less than two years while the applicant is an employee of a public or private agency engaged in mental health therapy. This training is to be completed under the supervision of a marriage and family therapist supervisor meeting the Utah requirements and must include a minimum of 1,000 hours of mental health therapy of which at least 500 hours are in couple or family therapy with two or more clients present. Hours completed in a group therapy session may count only if the supervisee functions as the primary therapist.

What are the minimum number of experience hours required by this State?

An applicant for licensure in Utah shall complete marriage and family therapy and mental health therapy training consisting of a minimum of 4,000 hours of supervised training in not less than two years.

What are the minimum number of post-graduate supervision hours required by this State, and how many of these hours must be individual supervision?

Utah requires at least 100 hours of clinical face to face supervision spread uniformly throughout the training period.

Additional Notes:

Utah defines "group supervision" as supervision between the supervisor and no more than three supervisees, unless preapproved by the Board. Utah defines "individual supervision" as supervision between the supervisor and one or two supervisees.

What are the State requirements for an individual to be qualified as a supervisor?

In order to be qualified as a marriage and family therapist supervisor in Utah, an individual must:

(1) be licensed as a marriage and family therapist in good standing for not less than two years;

(2) be currently licensed as a marriage and family therapist in the state in which the training is being performed; and

(3) meet one of the following three options: (a) be currently approved by AAMFT as a marriage and family therapist supervisor; (b) have successfully completed a supervision course in a Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE) accredited marriage and family therapy (MFT) program at an accredited university; or (c)(i) have successfully completed 20 clock hours of instruction sponsored by AAMFT or the Utah Association for Marriage and Family Therapy (UAMFT). (ii) The instruction shall include the following: (A) four hours of review of models of MFT and supervision; (B) eight hours of MFT supervision processes and practice; (C) four hours of research on effective outcomes and processes of supervision; and (D) four hours of AAMFT Code of Ethics, state rules and case studies related to MFT supervision.
Does the state require the National Examination offered by the Association of Marital and Family Therapy Regulatory Boards (AMFTRB)?

Yes.

Does the State have specific training requirements beyond the graduate degree?

None are noted in Utah.

Can an individual with a criminal history request board review before actually having to apply for licensure?

It is unclear if the Utah board has a process to pre-preapprove applications.

How can someone contact the Board in this state?

Rich Oborn, Board Administrator
Division of Occupational and Professional Licensing
POB 146741
Salt Lake City, UT 84114-6741
801-530-6767
801-530-6511 (Fax)
Email: roborn@utah.gov
Website: http://dopl.utah.gov/licensing/marriage_family_therapy.html

Every state has a "definitions" section of their rules and/or statutes. Are there any definitions that might be important for an applicant to pay attention? (Note: this is not a complete list, please review definitions in your state)

None are noted in Utah.